

Retainer Care: Basics to Remember

Use your storage case.
Your storage case is an important tool to ensure the Retainer's safety.



Store it in a cool place.
Retainers can melt and change shape if left in the heat.

Keep your retainer away from pets and children.



Never wrap your retainer in a napkin.
This may increase your chance of accidentally throwing it away.

Keep your retainers clean at all times.



Keep your retainer moist.
When it dries out, biofilm begins to bond to it.

Clean your retainer case at least once a day.

