

INSTRUCTION AFTER REMOVAL OF TOOTH

1. Keep the cotton in the extraction site for 30 minutes.
2. Do not spit or rinse your mouth today.
3. Do not take any Food & Beverages which is hot, hard & Spicy today.
4. Effect of Injection (Numbness) will be there for 2-3 hours, avoid biting your lip & tongue to prevent injury.
5. Do not disturb the wound area with your finger or tongue.
6. Do salt water gargling after 2nd day of extraction 2-3 times daily for 5-7 days.
7. If stitches are placed get it removed after 5-7 days.
8. Take the medicines regularly.
9. After extraction do not smoke/consume alcohol throughout the day.
10. If any complication occur, please visit us or contact us.
11. Apply Ice pack every 15 minutes 5-6 times.